

OCTOBER 2023

Marion Local Elementary

LUNCH



Happy Fall!

This institution is an equal opportunity provider



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School!!

2

Hamburger Sandwich
Lettuce & Tomato
Hashbrown
Pineapple
Milk

3

Chicken Noodle Soup
Celery
Crackers
Cinnamon Roll
Peaches
Milk

4

Popcorn Chicken
Baby Carrots
Pears
Dinner Roll
Milk

5

Pizza Breadstick
Romaine Lettuce
String Cheese
Fruit
Milk

6

Tenderloin Sandwich
Lettuce & Tomato
Steamed Broccoli
Baked Chips
Mandarin Oranges
Milk

9

Chicken Fajita/Tortilla
Romaine Lettuce
Refried Beans
Cheese & Salsa
Pineapple
Milk

10

Chili Soup
Baby Carrots
Crackers
Butter Bread
Banana
Milk

11

Country Fried Steak
Mashed Potatoes
Dinner Roll
Applesauce
Milk

12

Pepperoni Pizza
Iceberg Lettuce
Fruit
100% Fruit Juice
Milk

13

Deli Sub Sandwich
Lettuce & Tomato
Baked Chips
Apple Slices
Milk

16

BBQ Pork Nachos
Corn
Pears
100% Fruit Juice
Milk

17

Pizza Crunchers (K-2)
Meat Stromboli
Green Beans
Baby Carrots
Applesauce
Milk

18

Italian Meatballs
Breadstick w/Sauce
Iceberg Lettuce
Peaches
Milk

19

Chicken Quesadilla
Romaine Lettuce
Corn & Bean Salsa
Fruit
Jonny Pop
Milk

20

Mini Corn Dogs
Baked Beans
Baby Carrots
Pineapple
Milk

23

Taco Meat
Tortilla Chips
Iceberg Lettuce
Cheese & Salsa
Peaches
Milk

24

BBQ Chicken Sandwich
Potato Smiles
Fresh Orange
100% Fruit Juice
Milk

25

Chicken Nuggets
Green Beans
Baby Carrots
Dinner Roll
Pears
Milk

26

Pizza Ripper
Romaine Lettuce
Sidekick
Fruit
Milk

27

Chicken Patty Sandwich
Iceberg Lettuce
Cheesy Potatoes
Peaches
Milk

30

Grilled Cheese
Tomato Soup
Fresh Broccoli
Applesauce
Yogurt
Milk

31

