

# JANUARY 2025

# Marion Local Elementary

## LUNCH



**Good luck to all Winter sports!**

**This institution is an equal opportunity provider**



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



## No School!!

Tenderloin Sandwich  
Steamed Broccoli  
Baked Chips  
Mandarin Oranges  
Milk **6**

Chicken Fajita/Tortilla  
Romaine Lettuce  
Refried Beans  
Cheese & Salsa  
Pears  
Milk **7**

Vegetable Soup  
Cheese Breadstick  
Baby Carrots  
Grapes  
Pears  
Milk **8**

Popcorn Chicken  
Baby Carrots  
Dinner Roll  
Pineapple  
Milk **2**

Pizza Breadstick  
Romaine Lettuce  
String Cheese  
Fruit  
Milk **3**

Ham & Cheese Sandwich  
Peas  
Baked Chips  
Apple Slices  
Milk **13**

BBQ Pork Sandwich  
Corn  
Pears  
100% Fruit Juice  
Milk **14**

Taco Wedges  
Romaine Lettuce  
Salsa  
Fresh Orange  
Milk **15**

Salisbury Steak  
Mashed Potatoes  
Bread & Butter  
Applesauce  
Milk **9**

Pepperoni Pizza  
Iceberg Lettuce  
Fruit  
100% Fruit Juice  
Milk **10**

Hot Dog Sandwich  
Baked Beans  
Baby Carrots  
Peaches  
Milk **16**

Sausage Pizza  
Iceberg Lettuce  
Fruit  
Cookie  
Milk **17**

## No School!!

**20**

Mini Corn Dogs  
Baby Carrots  
Baked Beans  
Pineapple  
Milk **21**

Pizza Crunchers  
Corn  
Spaghetti Sauce  
Applesauce  
100% Fruit Juice  
Milk **22**

Chicken Nuggets  
Green Beans  
Dinner Roll  
Pears  
Milk **23**

Pizza Ripper  
Romaine Lettuce  
Sidekick  
Fruit  
Milk **24**

Chicken Patty Sandwich  
Iceberg Lettuce  
Cheesy Potatoes  
Peaches  
Milk **27**

Cheese Breadstick  
Spaghetti Sauce  
Fresh Broccoli  
Yogurt  
Applesauce  
Milk **28**

Chicken Tenders  
Baby Carrots  
Pineapple  
100% Fruit Juice  
Milk **29**

Italian Meatballs  
Breadstick w/Sauce  
Iceberg Lettuce  
Mandarin Oranges  
Milk **30**

Chicken Quesadilla  
Romaine Lettuce  
Corn & Bean Salsa  
Fruit  
Jonny Pop  
Milk **31**