Wellness-Related Policy Assessment

Use the assessment tool provided on the back side of this page to measure the strength and implementation of your current Wellness-Related Policies in regard to the *Let's Go!* (LG) five priority strategies and two USDA HealthierUS School Challenge (HUSSC) strategies. Strong policy provides clear direction to staff and students about what is required and/or allowed and what is forbidden during the school day. When measuring the strength of your policy language be sure to look for clear, straightforward language that leaves no room for interpretation and score those as "Strong." Score policy language which is unclear or indirect as "Weak."

Strong policy words that indicate that something is required include: SHALL, WILL, MUST, HAVE TO, INSIST, REQUIRE, COMPLY and ENFORCE.

Words that **do not indicate requirement** include: ENCOURAGE, MAY, CAN, SHOULD, COULD, MIGHT, SUGGEST, STRIVE TO, WORK TO and TRY.

Continue to reverse side for assessment tool...

School Name:

Marion Local Schools

| Strategy | Current Policy | Strength of Current Policy | | | | nenta ent Po | | | Notes | |
|---|--|----------------------------------|------|-----------|----------------|--------------------|---------------------|-------------|------------------|---|
| These are the strategies that you will be working to write into policy. | Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy. | Strong | Weak | No Policy | School Wide | Most Classrooms | A Few Classrooms | In Planning | No Classrooms | Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc. |
| Provide healthy choices for snacks and celebrations; limit unhealthy choices. <i>LG</i> | 8510 Wellness policy – Section D | × | | | x | | | | | We do offer cake once a month for birthday celebrations |
| Provide water and low fat milk; limit or eliminate sugary beverages. <i>LG</i> | Water is available free of charge to all students. Only lowfat and fat-free milk are offered. 100% juice is offered occasionally. | × | | | x | | | | | |
| Provide non-food rewards. <i>LG</i> | We provide non-food rewards such as: bowling, bouncy houses, extra recess, movies, crafts, trophies, and lunch with a teacher. | x | | | x | | | | | |
| Primarily non-food items should be sold through school fundraising activities. <i>HUSSC</i> | Our non-food fundraisers consist of: laundry detergent, clothing sales, and dances (hoe- down, Father-daughter, etc). | x | | | x | | | | | We do have band pizza and sub sales twice a year and 8 th grade candy sales |
| Provide opportunities for children to get physical activity every day. <i>LG</i> | 8510 Wellness – Section B; daily recess | x | | | x | | | | | |
| The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment. <i>HUSSC</i> | 8510 Wellness – Section B | x | | | х | | | | | |
| Limit recreational screen time. (School based screen time) L G | Screen time at school is educational only | | | | | | | | | |

You can utilize this blank template for other Wellness-Related Policies you may be assessing as part of your Wellness Policy efforts.

School Name:

| Strategy | Current Policy | Strength of Current Policy | | | | | enta ent Po | | Notes | |
|--|--|----------------------------------|------|-----------|----------------|--------------------|---------------------|-------------|------------------|--|
| List additional strategies that you will be working to write into policy. | Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy. | Strong | Weak | No Policy | School Wide | Most Classrooms | A Few Classrooms | In Planning | No Classrooms | Орроrtunities, Barriers, Resources Needed, Rank Policies by Priority, etc. |
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School Name:

| Strategy | Current Policy | Strength of Current Policy | | | lm (| plem Curre | entat nt Po | ion olicy | Notes | |
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